

surviving a long distance relationship how to make a long - the agony and the ecstasy of long distance relationships so rarely does one cliché so succinctly sum up something those of us who've tried can all attest it's haaaaaard there are different kinds of relationships across the miles and they require different things, **parents parenting news advice for moms and dads today com** - parents parenting stories trends and tips for every stage of parenthood, **send a hug paging supermom** - bettijo is a mother of four three girls and one boy and she is the main blogger and designer at paging supermom during quieter moments she enjoys art retro modern design photography and making new things, **bio 101 how sperm are made biology of male reproduction** - every second the average man produces 1 500 sperm adding up to over 500 billion over the course of his life the machinery that makes sperm is a marvel of biology with a single goal in mind creating life this article explores the micro world of sperm production and the key factors that affect proper sperm development, **preparedness 101 zombie apocalypse blogs cdc** - 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